

| Sun.      | Mon.                                                                                                                                                                                                                                                                             | Tue.                                                                                                                                                                                                                                                                                                      | Wed.                                                                                                                                                                                                                                     | Thu.                                                                                                                                                                                                                                                                       | Fri.                                                                                                                                                                                                                                                                                                                                | Sat.                                                                                                                                                                                                                                                                                                                                                                                                   |
|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|           | <b>November</b><br>No.171 (2017)  <p>Please see the flyer or the website for details for each class and</p>                                                                                     |                                                                                                                                                                                                                                                                                                           | <b>1</b><br><b>Aerobics &amp; Aroma Stretch</b> ☆<br>10:30~11:30<br><b>Story Time</b><br>13:45~14:15<br><b>Ballet for Moms</b> ☆ 14:00~15:00<br><b>Machi-pro Time</b> 15:30~16:00                                                        | <b>2</b><br><b>Play with Sounds</b> ☆Frequent Participants<br>A. 10:15~11:00<br>B. 11:15~12:00<br><b>Tone Chime</b> 13:00~13:30<br><b>Story Time</b> 13:45~14:15<br><b>Chorus Time</b> 14:30~15:00                                                                         | <b>3</b><br>Culture Day                                                                                                                                                                                                                                                                                                             | <b>4</b>                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>5</b>  | <b>6</b><br><b>Machi-pro Time</b> 15:30~16:00                                                                                                                                                                                                                                    | <b>7</b><br><b>Wakaba (Dr. Makiura)</b><br>10:00~15:00<br><b>Baby Yoga</b> ☆ A. 10:30~11:20<br>B. 11:30~12:20<br><b>Aroma Yoga</b> ☆ 12:30~13:30<br><b>Mika-chan Time</b> 13:30~13:50<br><b>Play Time with Concierge</b><br>14:30~14:50<br><b>Machi-pro Time</b> 15:30~16:00                              | <b>8</b><br><b>Story Time</b><br>13:45~14:15<br><b>Family English</b> ☆A. 15:00~15:30<br>B. 15:45~16:15<br><b>Machi-pro Time</b> 15:30~16:00                                                                                             | <b>9</b><br><b>Rythmique</b> ☆ A. 10:10~10:50<br>B. 11:00~11:40<br>C. 11:50~12:30<br><b>Tone Chime</b> 13:00~13:30<br><b>Story Time</b> 13:45~14:15<br><b>Family Dancing</b> ☆A. 14:50~15:30<br>B. 15:40~16:20                                                             | <b>10</b><br><b>Machi-pro Time</b> 15:30~16:00                                                                                                                                                                                                                                                                                      | <b>11</b><br><b>Friandise Patisserie Class</b> ☆<br><Mont Blanc> 13:00~15:00                                                                                                                                                                                                                                                                                                                           |
| <b>12</b> | <b>13</b><br><b>Family Exercise</b> ☆<br>kids2 10:15~11:00<br>kids1 11:15~12:00<br>baby 12:15~13:00<br>Miyashita Cooking x Phytotherapy 「The World of Foods」☆<br>Meals for strengthening the immune system<br>11:00~12:00<br><b>Machi-pro Time</b> 15:30~16:00                   | <b>14</b><br><b>Bread Making Class</b> ☆ 13:00~15:00<br><b>Family / Kids Ballet</b> ☆<br>Family A. 14:00~14:40<br>Family B. 14:50~15:30<br>Kids 15:40~16:20<br><b>Play Time with Concierge</b><br>14:30~14:50<br><b>Machi-pro Time</b> 15:30~16:00                                                        | <b>15</b><br><b>Aerobics &amp; Aroma Stretch</b> ☆<br>10:30~11:30<br><b>Story Time</b><br>13:45~14:15<br><b>Ballet for Moms</b> ☆ 14:00~15:00<br><b>Machi-pro Time</b> 15:30~16:00                                                       | <b>16</b><br><b>Play with Sounds</b> ☆Frequent Participants<br>C. 10:15~11:00<br>B.-2 11:15~12:00<br><b>YAKUZAN</b> ☆ 11:00~12:00<br><b>Machi-pro Time</b> 11:00~11:30<br><b>Tone Chime</b> 13:00~13:30<br><b>Story Time</b> 13:45~14:15<br><b>Chorus Time</b> 14:30~15:00 | <b>17</b><br><b>Story Time with Live Music</b><br>13:45~14:15<br><b>Machi-pro Time</b> 15:30~16:00                                                                                                                                                                                                                                  | <b>18</b><br><b>Toy Doctor</b> 10:00~15:00<br><b>Friandise Patisserie Class</b> ☆<br><Sweet Potato> 13:00~15:00                                                                                                                                                                                                                                                                                        |
| <b>19</b> | <b>20</b><br><b>Multi-purpose Hall Opening Day</b><br>New 13:30~15:30<br>Kids can play freely in the big hall!<br><b>Machi-pro Time</b> 15:30~16:00                                                                                                                              | <b>21</b><br><b>Baby Yoga</b> ☆ A. 10:30~11:20<br>B. 11:30~12:20<br><b>Aroma Yoga</b> ☆ 12:30~13:30<br><b>Mika-chan Time</b> 13:30~13:50<br><b>Baby Time</b> 14:00~15:00<br>(Topic: Planning for a trip with baby)<br><b>Play Time with Concierge</b><br>15:10~15:30<br><b>Machi-pro Time</b> 15:30~16:00 | <b>22</b><br><b>Play with Sounds</b> ☆Beginners<br>B.-2 10:00~10:45<br>B. 11:00~11:45<br>C. 12:00~12:45<br><b>Story Time</b> 13:45~14:15<br><b>Family English</b> ☆A. 15:00~15:30<br>B. 15:45~16:15<br><b>Machi-pro Time</b> 15:30~16:00 | <b>23</b><br>Labor Thanksgiving Day                                                                                                                                                                                                                                        | <b>24</b><br><b>Friandise Patisserie Class</b> ☆<br><Gâteau Chocolat> 13:00~15:00<br><b>Machi-pro Time</b> 15:30~16:00                                                                                                                                                                                                              | <b>25</b><br><b>Kid's Social Garden</b> ☆<br>(Spinach) 10:30~12:00<br>(Daikon, Chinese Cabbage) 13:30~15:00<br><div> <b>Christmas Concert</b><br/> <b>Dec. 9th (Sat.)</b><br/> <b>14:00~14:45</b><br/> <b>【Reservation】</b><br/>           ◆ at the reception desk<br/> <b>Nov. 2nd (Thu.)</b><br/> <b>10:00~</b><br/>           ◆ by telephone<br/> <b>Nov. 10th (Fri.)</b><br/> <b>10:00~</b> </div> |
| <b>26</b> | <b>27</b><br><b>Family Exercise</b> ☆<br>kids2 10:15~11:00<br>kids1 11:15~12:00<br>baby 12:15~13:00<br><b>New Concierge Time</b><br>Topic: Tooth 11:15~11:45<br><b>Big Picture Books</b> 14:00~14:15<br><b>Birthday Party</b> ☆ 14:15~15:00<br><b>Machi-pro Time</b> 15:30~16:00 | <b>28</b><br><b>Family / Kids Ballet</b> ☆<br>Family A. 14:00~14:40<br>Family B. 14:50~15:30<br>Kids 15:40~16:20<br><b>Play Time with Concierge</b><br>15:10~15:30<br><b>Machi-pro Time</b> 15:30~16:00                                                                                                   | <b>29</b><br><b>Aerobics &amp; Aroma Stretch</b> ☆<br>10:30~11:30<br><b>Story Time</b><br>13:45~14:15<br><b>Ballet for Moms</b> ☆ 14:00~15:00<br><b>Machi-pro Time</b> 15:30~16:00                                                       | <b>30</b><br><b>Family Fun Craft</b> ☆ ① 11:30~12:00<br>② 13:30~14:00<br>③ 15:00~15:30<br><b>Story Time</b> 13:45~14:15<br><b>Family Dancing</b> ☆ A. 14:50~15:30<br>B. 15:40~16:20<br><b>Machi-pro Time</b> 15:30~16:00                                                   | <div> <b>【Classes for Jan.-Mar. '18】</b><br/> <b>Accepting sign-ups now!</b><br/>           *Participants will be selected by lottery.         </div> <div> <b>Flower Arrangement for Christmas</b><br/> <b>Dec. 6th (Wed.) 10:30~12:30</b> </div> <div>           ※Please see the flyer or the website for details.         </div> |                                                                                                                                                                                                                                                                                                                                                                                                        |